

Levels Offered

Adult-The class is designed for beginner through intermediate level skaters ages 18 and up. Our coaches work with skaters in small leveled groups to teach new skills and master those already learned. No prerequisite class required.

Tots-The tots class is designed for skaters age 18 months to 5. Our tot classes focus on teaching skills in a fun, game oriented way. Skaters will start off learning the proper way to fall, get up, march and progress through forward and backward swizzles, stops and glides. No prerequisite class required.

Beginner-Our beginner class is designed for skaters ages 6 and up. This class is for those skaters with limited to no prior experience. They will focus on basic skating technique including falling and getting back up, glides, balance and one foot skating. No prerequisite class required.

Pre-Alpha-This class focuses on one foot glides, forward and backward swizzles, backward wiggles, and snowplow stops. Coaches also work on exercise to build up and reinforce the above skills. Prerequisite: Master Beginner elements.

Alpha-This class focuses on forward stroking, forward crossovers, snowplow stops, and T-pushes. Coaches also work on exercise to build up and reinforce the above skills. Prerequisite: Master Pre-Alpha elements.

Beta-This class focuses on backward stroking, backward crossovers, and T-stops. Coaches also work on exercise to build up and reinforce the above skills. Prerequisite: Master Alpha elements.

Gamma-This class focuses on forward outside 3-turns, mohawks, and hockey stops. Coaches also work on exercise to build up and reinforce the above skills. Prerequisite: Master Beta elements.

Delta- This class focuses on forward inside 3-turns, forward edges, shoot-the-ducks, lunges, and bunny hops. Coaches also work on exercise to build up and reinforce the above skills. Prerequisite: Master Pre-Gamma elements.

Freestyle-This class is designed for skaters at freestyle 1 and up.

The Fort Myers Skatium Learn to Skate Program

2250 Broadway Ave
Fort Myers, FL 33909

239-321-7516
239-321-7509

www.fmskatium.org



Where the ice is always cool!

Registration Form

Classes Offered

Learn to Skate

Tuesday 6:00PM All levels tots through freestyle offered. Skaters may use figure skates at all levels or hockey skates once they have passed tots/beginner level.

Saturday 9:30AM All levels tots through freestyle offered. Skaters may use figure skates at all levels or hockey skates once they have passed tots/beginner level.

Specialty Group Lessons

Power Skating Friday 5:00pm (meant to build a skaters speed, power, endurance and edge quality)

Off Ice Class Saturday 10:45am (meant to build skaters balance, power, grace and body control)

Future Stars Tuesdays 5:20pm (meant for the skater looking to learn new exciting moves and improve quickly)

What is included?

Each class includes Free Skate Rental during the class, 10 minutes to warm up, 30-40 minute lesson from one of our Professional Skating Coaches, or trained junior instructors and four free public session passes. Helmets are strongly recommended for Tots.

Skater progress is located on the back of your check in card. At the end of the session the coach will let you know what level to sign up for in the next session.

A certificate of participation is awarded to each skater on the last day of class.

2017 Learn to Skate Sessions

Put a check next to the session you are signing up for.

*Please note that mastering the elements in any level can take from 6 to 30 weeks depending on how often a skater practices between classes.

Individual progression rates vary. Speak with your skaters coach or the Skating Director, Lisa Headen for information about private lessons or with any questions/concerns you may have. *

Session 1-Tue \$115/Fri \$65/Sat \$100-LTS/
Sat \$60-OFF ICE

Tue-1/3, 1/10, 1/17, 1/24, 1/31, 2/7

Fri-1/6, 1/13, 1/27, 2/3, 2/10-**No Class 1/20**

Sat-1/7, 1/14, 1/28, 2/4, 2/11-**No Class 1/21**

Session 2-Tue \$115/Fri \$75/Sat \$115-LTS/
Sat \$65-OFF ICE

Tue-2/14, 2/20, 2/28, 3/7, 3/14, 3/21

Fri-2/17, 2/24, 3/3, 3/10, 3/17, 3/24

Sat-2/18, 2/25, 3/4, 3/11, 3/18, 3/25

The Fort Myers Skatium will be closed for the month of April for ice maintenance and renovation.

Skaters Information

Name _____

Date of Birth _____ Age _____

Returning Skater: Yes or No Sex: M or F

Level: Tots / Beginner / Pre-Alpha / Alpha / Beta / Gamma / Delta / Freestyle / Adults / Power / Off Ice

Parent/Guardian Information

Name _____

Address _____

City, State, Zip _____

Phone Number _____

Email _____

I am aware that ice skating and ice sports involve certain inherent risks, dangers and hazards and I assume full responsibility for all losses and injuries sustained while involved in this activity as it relates to this facility. I also hold harmless the City of Fort Myers and its officers, employees, insurers and any of its associates from any claim related thereto.

NO REFUNDS. Credits may be issued minus a \$25 administration fee. Registration fee must be paid at time of registration.

Make checks payable to: City of Fort Myers

Parent/Guardian Signature